

KNOWLEDGE AND SKILLS OF MIGRANT SPORTS PROFESSIONALS IN BULGARIA

ABSTRACT

Roberto Solinas

Phd Candidate National Sport Academy Sofia
President of Mine Vaganti NGO, Sassari, Italy
president@minevaganti.org

INFORMATION

Sports individuals encounter different problems when they migrate and have difficulty adjusting since they run into restrictive policies and rules that differ from their own country. Careers in sports and related fields, such as coaches and trainers, are also affected by the same concerns. These gaps can be addressed through the "Education through Sports" (ETS) methodology. This methodology can enhance the managerial skills of sports managers, coaches, and trainers. However, this methodology has not been tested among migrants in Bulgaria.

This study was conducted to evaluate the knowledge and skills of migrant sports professionals in Bulgaria and determine the trainers' expertise. It also assessed the effectiveness of "Education through Sport" as a new methodology.



METHODS

The quasi-experimental research design was utilized. Paired sample T-test was used to determine whether the ETS program enhanced the migrants' level of knowledge and skills. ANOVA was used to determine the significant difference between the pretest and post-test results. Mean was used to determine the level of knowledge and skills using the 5-point Likert scale. Standard deviation was also used to determine the variations in the participants' responses.

RESULTS

After the intervention, a significant difference was computed between the respondents' knowledge and skills, $p=0.000$. This means that the ETS methodology was effective in developing the knowledge and skills of migrants, providing a solution to their under-representation in leadership roles. Trainers providing the ETS program also showed a high level of expertise resulting in the effective acquisition of knowledge and skills. This methodology should be continuously used as a strategy to advance sports management skills among migrants in Bulgaria and other parts of Europe.



KEYWORDS

EDUCATION THROUGH SPORT KNOWLEDGE MIGRANTS SKILLS SPORTS PROFESSIONALS