

**14 NOVEMBER  
ORAL PRESENTATION PROGRAMME**

Time	Abst ID	Area	Author	ORAL PRESENTATION TITLE (14 November, 11:50 - 12:45)	Room
11:50	O1	Education Through Sports	Ana Ramos	Tutoring That Matters: An Exploration of the Pedagogical Strategies Most Valued by Student-Coaches Throughout Their Internship Experience	Auditório Agostinho da Silva
12:00	O2	Education Through Sports	Ana Ramos	How Can a Head-Coach Be a Coach Developer in Leading Their Coaching Staff? A Coach Education Case Study	Auditório Agostinho da Silva
12:10	O3	Smartization in Sports	Roberto Cossu	Smart Cities, Smart Citizens: Integrating Sport and Education for Sustainable Urban Mobility	Auditório Agostinho da Silva
12:20	O4	Smartization in Sports	Joana Reis	Long-Term Physiological and Cognitive Monitoring for Sustainable Performance in Extreme Operational Contexts: A 14-Month Follow-Up of Portuguese Air Force Search and Rescue Squads	Auditório Agostinho da Silva
12:30	O5	Smartization in Sports	João Rodrigues	Age, Height, and Years of Swim Experience Influence Variations in Immersed Lung Function of Athletes	Auditório Agostinho da Silva
11:50	O6	Education Through Sports	Cláudio Farias	The 3Es Game-Based Approach: A Three-Step Process for Teaching Games Through Active Student Involvement	W.0.1
12:00	O7	Education Through Sports	Patricia Coutinho	To Sample or to Specialise? Sport Participation Pathways of Youth Male Team Sport Players	W.0.1
12:10	O8	Smartization in Sports	André Cruz	Predictive Capacity of Physiological and Neuromuscular Variables in XCO Performance Using Virtual Simulation Technology	W.0.1
12:20	O9	Smartization in Sports	Manuel Pinto	Influence of Anthropometric Characteristics and Muscle Performance on Punch Impact	W.0.1
12:30	O10	Smartization in Sports	Tânia Vieira	Variations in Neuromuscular Performance During Competitive Season Moments in Adolescent Rhythmic Gymnastics Athletes	W.0.1
11:50	O11	Education Through Sports	Matthew Wolfe	Using Sport to Educate Adolescent Girls and Young Women (AGYW) on Contraceptive Use and Relationships, Thereby Increasing Uptake of SRHR Services in Lusaka, Zambia	W.0.2
12:00	O12	Education Through Sports	Mariana Vieira	Mentoring Elite Student-Athletes in Higher Education: Towards Inclusive Pedagogical Strategies for Dual Careers	W.0.2
12:10	O13	Inclusion and Innovation in Physical Education	Ana Blanco-Ayala	Promoting Physical Activity and Social Inclusion Among Immigrant Women: Insights from the AFISAMI Project	W.0.2
12:20	O14	Inclusion and Innovation in Physical Education	Margarida Barros	Epistemological Sophistication as a Foundation for Inclusion and Innovation in Physical Education: Insights from Preservice Teachers' School Placement	W.0.2

**14 NOVEMBER**  
**POSTER PRESENTATION PROGRAMME**

Abst ID	Author	POSTER TITLE (14 November, 15:00 - 16:00)	Room
P1	Athanasios Angeioplastis	Coach's Analyst AI Agent: Automated Video Tagging, Scouting, and Practice Preparation in Basketball	W.0.1
P2	Raymond Sweeney	Defining Good Practice in Disability-Inclusive Volunteering Education in Sport: Insights from the VIEWS Project	W.0.1
P3	Inês Arrais	Assessment of Upper Body Physical Tests to Infer Neuromuscular Fatigue in Athletes: A Scoping Review	W.0.1
P4	Maria Bhudarally	Evaluating the Impact of Patient Positioning Height and Rescuer Posture on Chest Compression Quality and Rescuer Fatigue During Cardiopulmonary Resuscitation: A Feasibility Study	W.0.1
P5	Vanessa Santos	Gait Parameters as a Predictor of Fall Risk in Active Older Adults	W.0.2
P6	Catarina Matias	Advancing Dual Career Support of the Student-Athlete Through Coach Education: Evidence from the ACTIVUS Project	W.0.2
P7	Cristiana Bessa	Empowering Learning Through Digital Tools Within Student-Centered Approach in Physical Education	W.0.2
P8	Argyrios Koureas	Competitive Robotics in Education: A Didactic Approach and Technological Analysis of a Mini Sumo Robot	W.0.2
P9	Athanasios Angeioplastis	Adaptive Learning Environments Through Generative AI and AR-Enhanced Cognitive Profiling: A Multimodal Framework for Higher Education	W.0.2
P10	Beatriz Vilaça	Promoting the Social Inclusion of Newcomer Immigrant Children: A Learner-Centered and Technology-Based Learning in Physical Education, Extracurricular Sport, and Cultural Interchange Activities	W.0.2

**14 NOVEMBER**  
**PARALLEL SESSIONS PROGRAMME**

Time	Title	Room
15:00–15:30	Sports Disability and Inclusion – a Contemporary Perspective	G.0.8
15:30–16:00	From Idea to Proposal: Horizon Europe in 30 Minutes	G.0.8

**15 NOVEMBER  
ORAL PRESENTATION PROGRAMME**

Time	Abst ID	Area	Author	ORAL PRESENTATION TITLE (15 November, 11:50 - 12:45)	Room
11:50	O14	Exercise, Health, and Quality of Life	Priscila Marconcin	Exploring the Moderating Effect of Falls Efficacy on the Association Between Physical Function and Risk of Falls Among Older Adults	Auditório Agostinho da Silva
12:00	O15	Exercise, Health, and Quality of Life	Flávio Ferreira	Parental Modelling and Interpersonal Support in Relation to Moderate Physical Activity and Vigorous Physical Activity in 9-12-Year-Olds: A Cross-Sectional DE-PASS Study	Auditório Agostinho da Silva
12:10	O16	Exercise, Health, and Quality of Life	Sofia Franco	Navigating the Implementation of Physical Activity Interventions for Breast Cancer Survivors: Insights from the PAC-WOMAN Trial	Auditório Agostinho da Silva
12:20	O17	Exercise, Health, and Quality of Life	Maria Fernanda Souza	Co-Creating Interventions with Adolescents for Movement Behaviors and Wellbeing: A Realist-Informed Evaluation of Early Barriers and Facilitators in the Multi-Country YOPA Project	Auditório Agostinho da Silva
12:30	O18	Exercise, Health, and Quality of Life	Inês Nobre	Longitudinal Predictor Analysis of Pain in Breast Cancer Survivors on Aromatase Inhibitors – The PAC-WOMAN Trial	Auditório Agostinho da Silva
11:50	O19	Exercise, Health, and Quality of Life	Talita M. Fernandes	Moderate Exercise and Hypoxia as a Sustainable Strategy to Improve Immune Balance and Quality of Life in Post-COVID-19 Recovery	W.0.1
12:00	O20	Physical Literacy and Lifelong Development	Dora Carolo	Quality Physical Education, School Sports, and Physical Literacy: Perceptions of Teachers Participating in the Aquaphylit School Intervention – Portugal	W.0.1
12:10	O21	Physical Literacy and Lifelong Development	Aia Boldovskaia	School Environment and Physical Literacy: Towards a Systemic Framework for Research and Practice	W.0.1
12:20	O22	Exercise, Health, and Quality of Life	Miguel Albuquerque	Towards Safer Supplementation in Elite Sport: Prevalence of Use, Verification Gaps, and Implications for Health Education	W.0.1
12:30	O23	Exercise, Health, and Quality of Life	Estela Martinho	Preventing Falls in Older Adults Through Exercise and Education – Future Directions of the Stay Up Project	W.0.1
11:50	O24	Exercise, Health, and Quality of Life	Mafalda Antunes	Bridging the Referral Gap: A Systematic Review of Interventions Promoting Doctors' Referrals to Exercise Professionals and the Critical Need for Trackable Systems	W.0.2
12:00	O25	Exercise, Health, and Quality of Life	Ander Espin	Understanding Individual Responses to Exercise for Low Back Pain: Insights from the REVIEEW Trial in Eldercare Workers	W.0.2
12:10	O26	Exercise, Health, and Quality of Life	Nuno Dias	The Impact of a Co-Creation Intervention on Movement Behaviors and Well-Being Among Adolescents in Socially Vulnerable Contexts – YOPA-PT Portuguese Spin-Off Project	W.0.2
12:20	O27	Exercise, Health, and Quality of Life	Bernardo Zeferino	Community-Based Health and Physical Activity Screening: Strategies to Reach Those Most in Need	W.0.2
12:30	O28	Exercise, Health, and Quality of Life	Flávio Ferreira	Systematic Review and Meta-Analysis of Parent-Child MVPA Correlations Across Childhood Developmental Stages and Sex-Specific Dyads	W.0.2

**15 NOVEMBER  
POSTER PRESENTATION PROGRAMME**

<b>Abst ID</b>	<b>Author</b>	<b>POSTER TITLE</b> <b>(15 November, 15:00 - 16:00 at Room W.0.01)</b>
P12	Pedro Ribeiro	Velocity-Based Training at the Optimum Power Load: A Scoping Review of Evidence and Applications in Athletic Performance
P13	Joana Sobral	Effectiveness of Hybrid Physical Activity Interventions with Text Messages in Older Adults – a Rapid Systematic Review
P14	Sofia Ataíde	Effects of a 12-Week Physical Exercise Program on Anthropometry, Body Composition, Cardiovascular Response and Cardiorespiratory Fitness in Youths and Adults with Autism Spectrum Disorder
P15	Emília Alves	Feasibility and Replicability Assessment of the MENO(S)PAUSA+MOVIMENTO Project: A Community Model for Promoting Physical Exercise and Health in Postmenopausal Women
P16	Vedant Bhrambhatt	The Interaction of Metacognitive and Mindfulness Processes in the Optimization of Athletic Flow
P17	Miguel Corrula	A Contribution to Improve Physical Literacy at Schools: A Study on Physical Education Pre-Service Teachers' Pedagogical Content Knowledge Development by Lesson-Study
P18	Ana Águeda	From Chaos to Understanding: How Reflection Supports Future Teachers in Inclusive Physical Education
P19	Eugénia Azevedo	From Compliance to Reflection: Unlearning Obedience in the Development of Reflective Ability

**15 NOVEMBER  
PARALLEL SESSIONS PROGRAMME**

<b>Time</b>	<b>Title</b>	<b>Room</b>
15:00–16:00	Sport, Health, and the Path to Sustainability	W.02
15:00–16:00	Student challenge	G.0.8